



SUBARU of INDIANA AUTOMOTIVE

update

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Doug Meyer
VP

NEW YEAR, NEW YOU

Show of hands – how many of you made New Year’s resolutions? It is estimated that 40 to 45 percent of American adults make one or more resolutions each year. Are you still on track as we roll into the latter part of January? Unfortunately, U.S. News has reported that by the second week of February, 80 percent of those who set New Year’s resolutions fall off the wagon. That does not bode well for most of us. Hopefully, you have bucked the trend and that fancy new Peloton bike you received for Christmas has not already morphed into an expensive towel rack.

You can probably guess the most popular resolutions. Customarily topping the list is weight loss, with many people vowing to eat healthier, work out or both. “The Biggest Loser” voluntary contests proliferate in many workplaces this time of year, and SIA is no exception. A second common New Year’s resolution is to better manage and save money. Most of us could stand to shore up our personal balance sheets, and debt reduction helps ease a major stressor in most lives. And, the final entry in the top three—quitting smoking.

Experts offer a variety of tips to be successful with your resolutions. For example:

- Be specific and realistic – You may not be able to pay off your credit cards in one month or lose 15 pounds in a week. However, you can set up a plan to spend less and save more, or you can download an app to start tracking your calorie intake.
- Set up accountability – You can do personal reflections after the first week or two to assess your progress, or, better yet, set up a group activity so that co-workers and friends can keep you on the right path.
- Adjust if necessary – Don’t beat yourself up if your goal is to work out four times per week and you only achieve 2 workouts. Celebrate your success and stay with it. Incremental improvement is better than giving up simply because you initially fell short of your expectations.

Fortunately for all of us, SIA has great resources to help you achieve your goals. Want to save more money or quit smoking? The SIA Associate Benefits staff can help you increase your contribution to the 401(k) or provide information on smoking cessation. Ready to hit the gym? The WellFit professionals at the Recreation Center can help design a workout program for all fitness levels. Want to eat better or generally improve your health? Make an appointment with Dr. O’Donnell or one of the other medical providers at the Health and Wellness Center.

In any event, don’t wait and don’t quit. You can achieve your New Year’s resolutions with the right approach, mindset and support. Good luck!

IPC ASSEMBLY AND METAL SECTIONS PASS 5S3D AUDIT, ALL 16 TEAMS SCORE ABOVE 25

Winning Group: CFI



Left to right: Scott Brand, Mary Saulsberry, Jim McWhirter, Jennifer Sutherland, Joe Bower, Adam Goodfellow, Bill Kelly

Winning Team: Tester B – 4 North Team



Left to right: Scott Brand, Jerrod Holly, Bob Ebert, Adam Goodfellow, Bill Kelly

OFFICERS’ CLOSING COMMENTS

- “The CFI A toolbox is a prime example of what we are looking for in terms of toolbox organization.” (pictured)
- “Congratulations to the winning team and group. I am glad that I am starting to see more ownership in terms of 5S3D. Great job.”
 - “The next step is to make sure you are getting the experts involved and bought in to these expectations.”
 - “Set in order is an important step in the process. If items are frequently being moved out of their home position, maybe there needs to be a new home position.”



THE 4 DISTRACTIONS THAT LEAD TO AUTO ACCIDENTS

You've surely heard by now that distracted driving is on the rise and causing serious problems on our roadways. Cell phones are responsible for much of this rise, but not all of it. Anything a driver does while behind the wheel that takes their attention away from the task at hand - driving - is a distraction. If a driver takes their eyes off the road for only five seconds while travelling 55 mph, they will cover about 300 feet - blind. To stay safe on the road, put the phone away and keep your attention where it belongs by avoiding the following 4 distractions:

1. Visual distractions. Watching a video, looking at a map, checking out something on the side of the road.
2. Audible distractions. A passenger talking to you, music playing too loud.
3. Physical distractions. Answering the phone, eating a snack, putting on makeup.
4. Mental distractions. Thinking about a work problem, shopping list, or weekend plans.

Driving a vehicle is a responsibility that must be taken seriously. We sometimes get so used to driving that it feels like second nature and we get too comfortable behind the wheel. A vehicle is not an extension of your home or office. It is a large piece of metal, glass, and plastic that is travelling at extremely high speeds and can kill in an instant. It must be given the respect it deserves.

source: Hall-Justice Law Firm

PLEASE NOTE

- UniFirst clothing allotments must be used by March 1.
- Applications for the Cornerstone Scholarships program, for college-bound high school seniors, can be picked up in Associate Services. The deadline to apply is March 19.

For questions, contact Ruthanne Viars at ext. 6274 or ruthanne.viars@subaru-sia.com.



MARK YOUR CALENDAR FOR THE SPRING TPM SUCCESS STORY COMPETITION

The 2019 Spring TPM Success Story Competition has been scheduled, with elimination rounds on April 2 and the final competition on May 14. The contest theme is: Quality.

Format

SIA Manufacturing Way = TPM Methods (Continuous Improvement, Kaizen Mindset, PDCA)

- Presentations will consist of a Quality KPI deviation found at the Section Board, then assigned to the Group Board, from there it is assigned to the Team Board, and through the Associates' involvement—the failure was successfully addressed using the Hoshin alignment and the PDCA process.
- Presentation Time: 12 minutes
- Presenters: Group Leader, Team Leader and Associate

Elimination Rounds – April 2 (TPM office)

Elimination Rounds will include: Stamping, Body, Paint, Trim, Engine, Materials, IPC, SQA

Final Competition – May 14 (Training and Reception Center auditorium)

- Top Three success stories from the Elimination Rounds will compete
- 1st Place Ribbon will be awarded at the end of the competition
- Subaru for a month for three SIA employees that are present when names are drawn
- Guest Presentations: The 2nd and 3rd place contestants from the 2018 SBR Competition

For more information, contact Bob Burthay at ext. 6351.



SUBARU

Discounted Tickets to Upcoming Pacers Games

GAMES	 <div style="display: inline-block; vertical-align: middle;"> <p>Jan. 23 @ 7:00PM</p> </div>
DETAILS	<p>Balcony Level: STARTING FROM \$8</p> <p>Krieg DeVault Club Level: ONLY \$45</p> <p>Lower Level Center Court: ONLY \$80</p>
BUY	<p>Click the link below and use promo code: SUBARU2019</p> <p>www.pacersgroups.com/subaru</p>



Discounted tickets for the Chicago Auto Show, Feb. 9-18 at McCormick Place, are available in the Team Wear Store for \$6.

ORDER DISCOUNTED MONSTER JAM TICKETS IN TEAM WEAR STORE



Monster Jam is returning to Lucas Oil on Saturday, Feb. 9 at 7 p.m. Discounted tickets can be ordered in the Team Wear Store for \$37 through Jan. 25.

PRODUCTION		Actual	Projected	Sch. YTD	YTD Total
		1/7/19-1/19/19	1/14/19-1/20/19	1/1/19-1/13/19	1/1/19-1/13/19
LEGACY	950	782	1,350	1,385	
OUTBACK	4,956	4,040	6,986	7,137	
IMPREZA	1,453	1,180	2,144	2,098	
ASCENT	1,979	1,779	3,092	2,979	
TOTAL	9,338	7,781	13,572	13,599	

EUREST WEEKLY MENU



monday | january 21
 breakfast: waffles - \$2.99
 fit: Uptown Waldorf salad - \$5.99
 market: Lasagna w/meat sauce - \$5.99
 grill: Value Monday-sloppy joe, fries and 20OZ BOTTLED SODA! - \$5.29
 soup: broccoli cheese soup

tuesday | january 22
 breakfast: Monte cristo breakfast sandwich - \$4.29
 fit: Bbq chicken flatbread - \$4.29
 market: South of the border rice bowl - \$6.99
 grill: Roast beef and cheddar - \$4.29
 soup: loaded baked potato soup

wednesday | january 23
 breakfast: Breakfast enchilada - \$3.99
 fit: Pot roast stew - \$4.29
 market: Boneless OR bone in wing bar - \$5.99
 grill: Gyro - \$4.59
 soup: house made chili

thursday | january 24
 breakfast: Sausage and egg biscuit - \$2.36
 fit: Revolution noodle bar - \$5.99
 market: diy mexican bar - \$.40/oz
 grill: Cowboy burger - \$4.59
 soup: Chicken and dumpling

friday | january 25
 breakfast: breakfast pizza - \$3.99
 fit: Chicken parmesan - \$4.29
 market: DIY Chinese bar - \$5.99
 grill: Fried fish sandwich - \$4.59
 soup: clam chowder

MON:
Curry Rice & Katsu
Yasai Itame
(Stir fry vegetables)

TUE:
Ramen Noodles
Gyudon
(Sweet Beef)

WED:
Karaage Chicken
Katsudon
(Pork Egg)

THU:
Buta don (Pork)

FRI:
Udon & Soba Noodles,
Karaage Chicken